

# Physiology/MOD

**Prevalence** 

**Burden** 

Diagnosis

**Treatment** 

**Clinical Trial Summaries** 

**Pipeline Table** 

### CIC

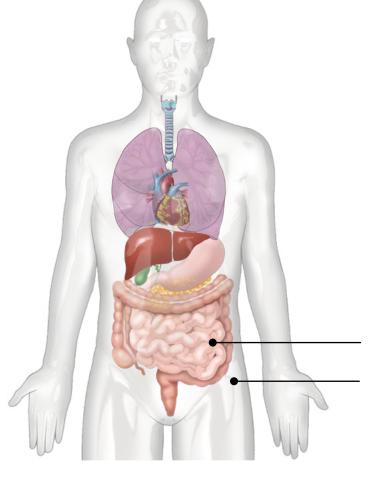
Although CIC Has No Identifiable Cause, Several Factors May Contribute to CIC Development

Pathophysiology<sup>1-3</sup>

**VISCERAL SENSORY ABNORMALITIES** 

**SLOW MUSCLE CONTRACTIONS** 

**INCREASED WATER ABSORPTION** 



Nutrient absorption in small intestine

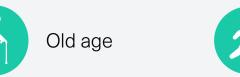
Water absorption in the colon

### Additional Risk Factors<sup>4</sup>



Medications







Little to no exercise



Female gender

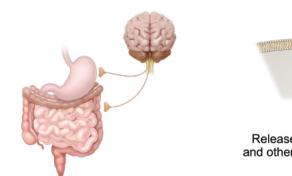
Mental health condition

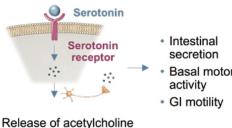


### IBS

### The Precise Cause of IBS Is Unknown, but a Combination of Factors May Contribute to IBS Development

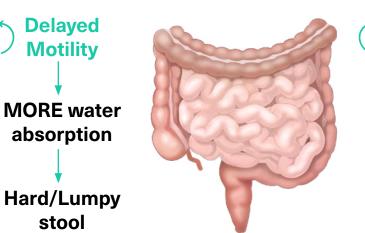
### **Brain-gut Interaction**<sup>1,2</sup>

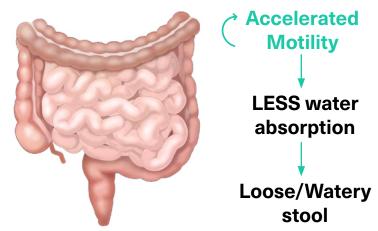




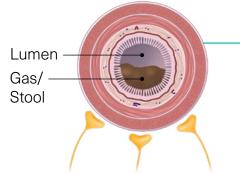
Food, hunger, emotions, and stress impact the bidirectional communication between the GI tract and the nervous system. The neurotransmitter serotonin is a key mediator, and alteration of serotonergic signaling has been implicated in IBS.

### Altered Motility of the GI Tract<sup>2-4</sup>





### **Visceral Hypersensitivity**<sup>2,5,6</sup>

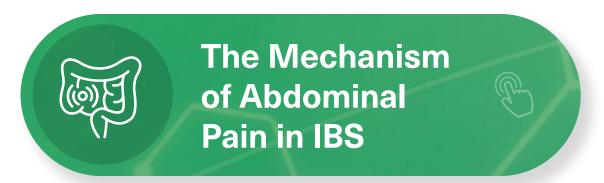


#### **Normal**

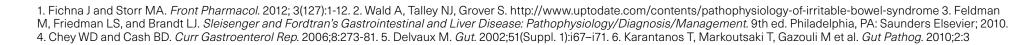
- 1. Gas or stool causes stretching of lumen
- 2. This is sensed by afferent nerves
- 3. May or may not be perceived by the brain and does not cause pain

- 1. Afferent nerves may be overly sensitive to stretching of the lumen
- 2. This causes increased signals to be sent to the brain
- 3. Produces perception of pain

Local inflammation, alterations in gut flora, and psychological factors may also contribute to IBS.









1. Velio P, Bassotti G. J Clin Gastroenterol. 1996;22:190-196. 2. Tortora GJ, Derrickson B. Principles of Anatomy and Physiology. 13th ed. Hoboken, NJ: John Wiley and Sons, Inc.; 2012. 3. Lacy BE. Am J Manag Care. 2019; 25(4 Suppl):S55-S62. 4. National Digestive Diseases

Information Clearinghouse. Accessed April 18, 2022. https://www.niddk.nih.gov/health-information/digestive-diseases/constipation

# Physiology/MOD

**Prevalence** 

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### CIC

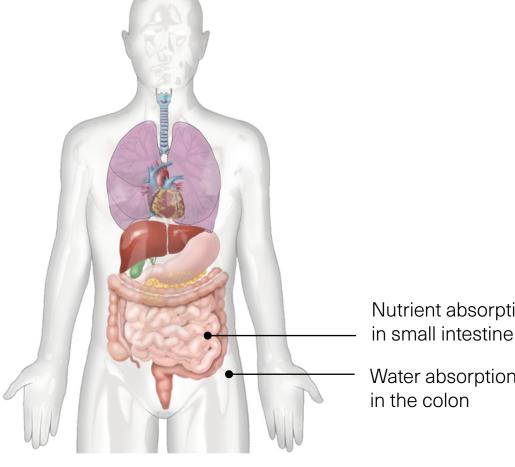
Although CIC Has No Identifiable Cause, Several Factors May Contribute to CIC Development

Pathophysiology<sup>1-3</sup>

**VISCERAL SENSORY ABNORMALITIES** 

> **SLOW MUSCLE CONTRACTIONS**

**INCREASED WATER ABSORPTION** 



Nutrient absorption

Water absorption in the colon

### Additional Risk Factors<sup>4</sup>



Medications





Little to no exercise

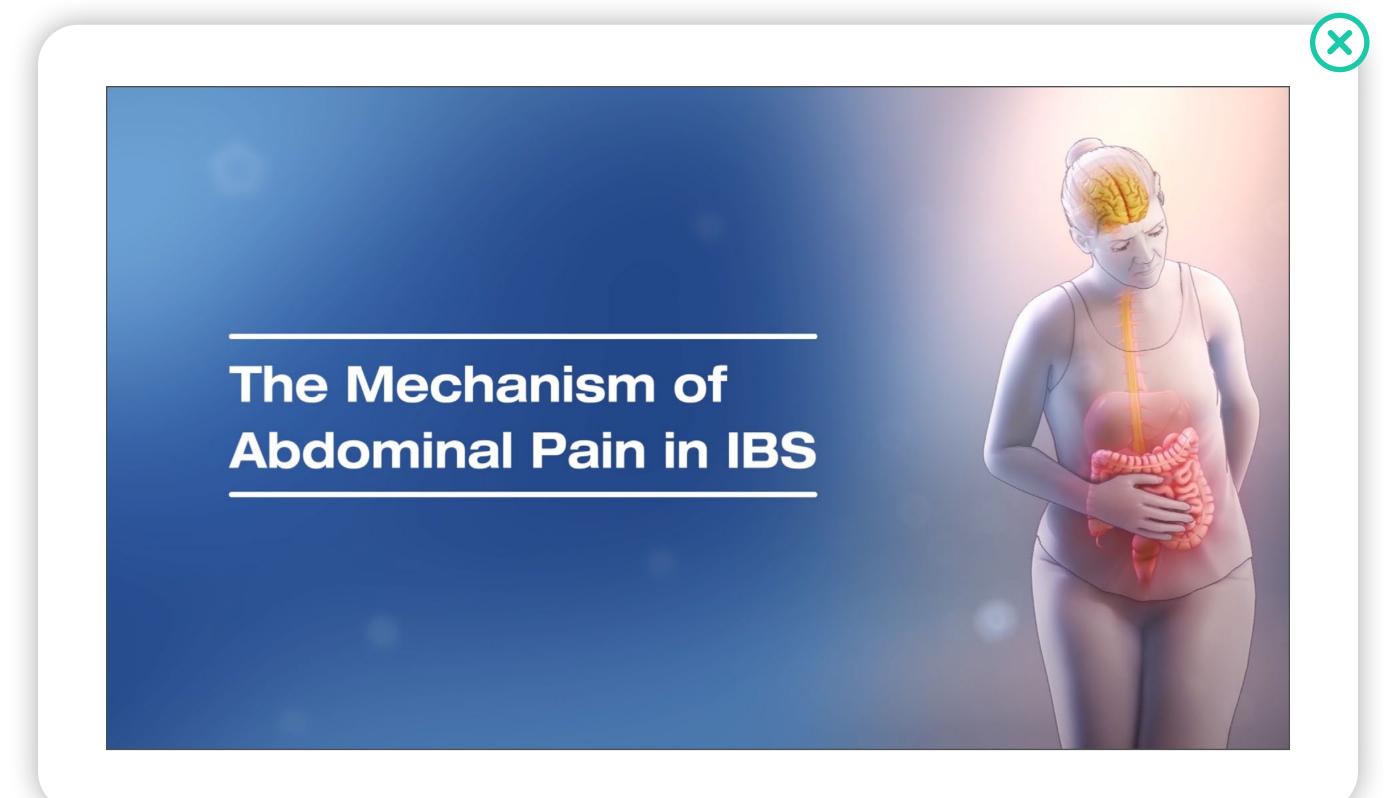


Mental health condition



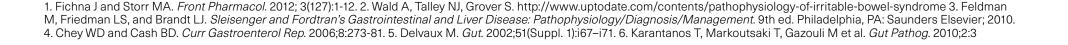
IBS

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### Prevalence

Physiology/ MOD

**Prevalence** 

Burden

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Pipeline Table

### CIC

# CIC Is Among the Most Frequently Occurring Functional GI Disorders<sup>1-4</sup>

### **Incidence and Prevalence**

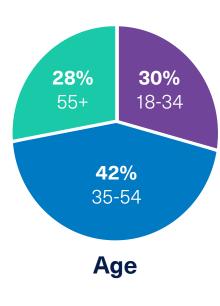


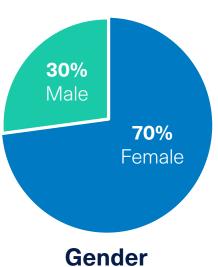
Global prevalence of ~14%



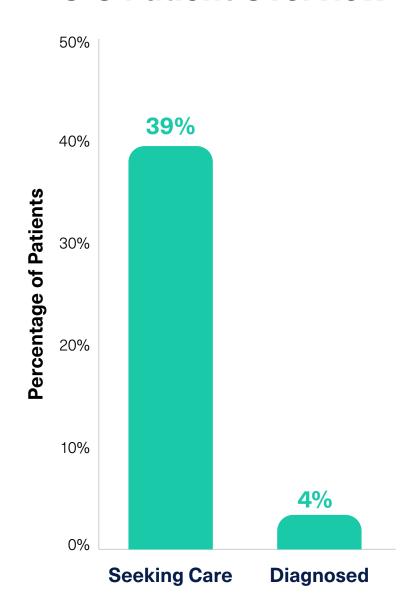
Affects 35 million adult Americans, representing millions of physician visits annually

### **Patient Demographics**





### **CIC Patient Overview**



### 1. Black CJ and Ford AC. *Med J Aust*. 2008; 209(2):86-91. 2. Brandt LJ, Prather CM, Quigley EMM, et al. *Am J Gastroenterol*. 2005;100(Suppl. 1):S1-S21. 3. Lacy BE. *Am J Manag Care*. 2019; 25(4 Suppl):S55-S62. 4. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc.

### **IBS**

### IBS Is a Common GI Complaint in the US and Worldwide<sup>1-9</sup>

### **Incidence and Prevalence**



Global prevalence of ~11% for all IBS types



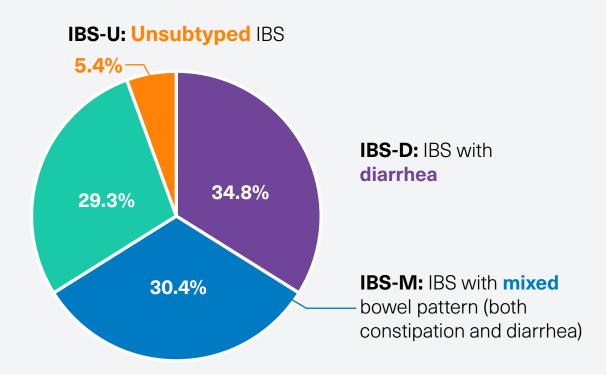
Occurs in 10–15% of the US population

**IBS Definition** (i)

**IBS Key Characteristics** *i* 







### **IBS-C** Incidence and Prevalence

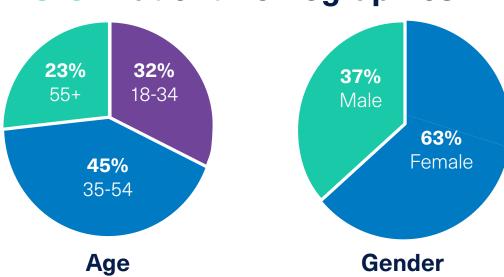


Estimated global prevalence of 2.3%



Affects ~13 million adult Americans

### **IBS-C** Patient Demographics



### **BS-D** Incidence and Prevalence



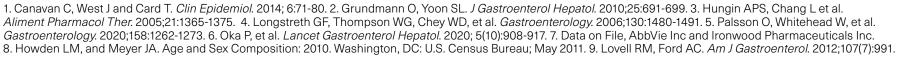
Estimated global prevalence of 3.1%



Affects ~16 million adult Americans

### **BS-D** Patient Demographics

In contrast to IBS-C, IBS-D is more common in men than in women







### Prevalence

Physiology/ MOD

bowel-syndrome-ibs/ 2. National Digestive Diseases Information Clearinghouse. Accessed April 18, 2022. https://www.niddk.nih.gov/health-information/digestive-diseases/irritable-bowel-syndrome

37%

Male

32%

18-34

23%

55+

**45%** 

**Burden** 

Diagnosis

**Treatment** 

**Clinical Trial Summaries** 

**Pipeline Table** 

### CIC

### CIC Is Among the Most Frequently Occurring Functional GI Disorders<sup>1-4</sup>

### **Incidence and Prevalence**

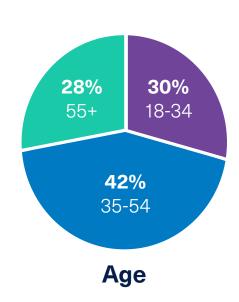


Global prevalence of ~14%



Affects 35 million adult Americans, representing millions of physician visits annually

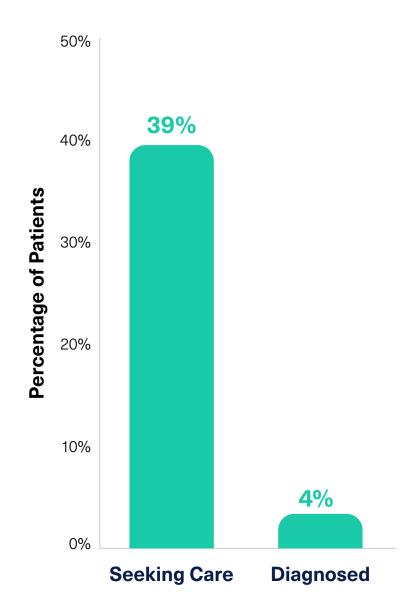
### **Patient Demographics**



30% 70% Female

Gender

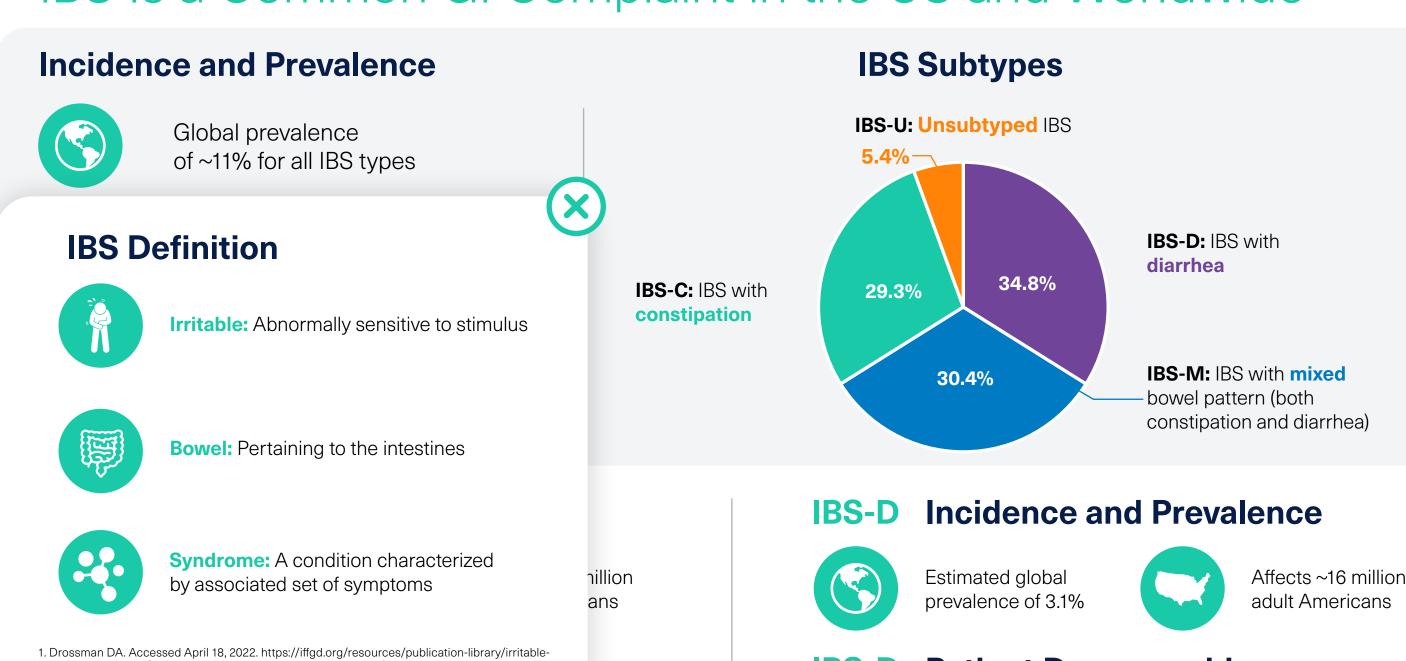
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#### 1. Black CJ and Ford AC. Med J Aust. 2008; 209(2):86-91. 2. Brandt LJ, Prather CM, Quigley EMM, et al. Am J Gastroenterol. 2005;100(Suppl. 1):S1-S21. 3. Lacy BE. Am J Manag Care. 2019; 25(4 Suppl):S55-S62. 4. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc.

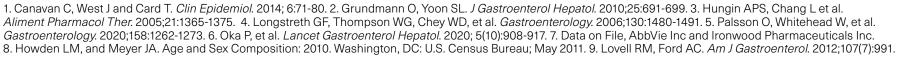
### **IBS**

### IBS Is a Common GI Complaint in the US and Worldwide<sup>1-9</sup>



### **Patient Demographics**

In contrast to IBS-C, IBS-D is more common in men than in women



63%

**Female** 

Gender





### Prevalence

Physiology/ MOD

**Burden** 

Diagnosis

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### CIC

### CIC Is Among the Most Frequently Occurring Functional GI Disorders<sup>1-4</sup>

### **Incidence and Prevalence**

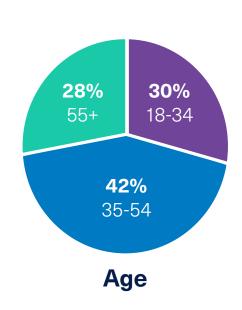


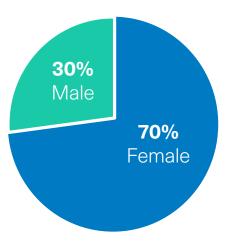
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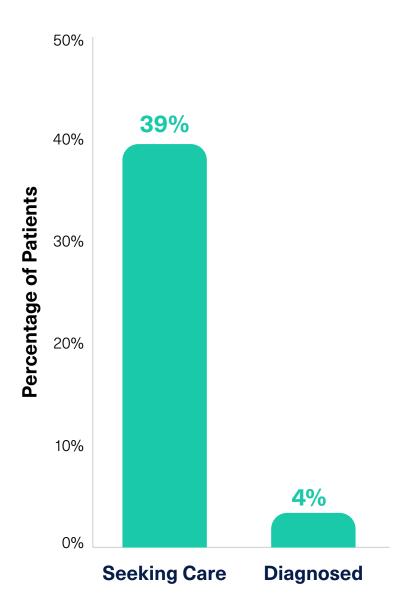
### **Patient Demographics**





Gender

### **CIC Patient Overview**



#### 1. Black CJ and Ford AC. Med J Aust. 2008; 209(2):86-91. 2. Brandt LJ, Prather CM, Quigley EMM, et al. Am J Gastroenterol. 2005;100(Suppl. 1):S1-S21. 3. Lacy BE. Am J Manag Care. 2019; 25(4 Suppl):S55-S62. 4. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc.

### **IBS**

### IBS Is a Common GI Complaint in the US and Worldwide<sup>1-9</sup>

#### **Incidence and Prevalence IBS Subtypes IBS-U: Unsubtyped IBS** Global prevalence of ~11% for all IBS types **5.4%**— Occurs in 10-15% IBS-D: IBS with of the US population diarrhea 34.8% 29.3% **IBS-C:** IBS with constipation **IBS Key Characteristics** IBS-M: IBS with mixed 30.4% bowel pattern (both Pain Is a Hallmark of IBS constipation and diarrhea) **IBS Considerations**

- Involves the small and large intestines
- Does not cause permanent harm to the intestines or lead to other serious GI diseases
- May resemble other GI disorders

#### **Common IBS Symptoms**

- Abdominal pain
- Bloating
- Flatulence
- Discomfort

1. Drossman DA. Accessed April 18, 2022. https://iffgd.org/resources/ publication-library/irritable-bowel-syndrome-ibs/ 2. National Digestive Diseases Information Clearinghouse. Accessed April 18, 2022. https://www.niddk.nih.gov/ health-information/digestive-diseases/irritable-bowel-syndrome



### **Incidence and Prevalence**



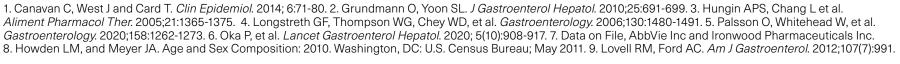
Estimated global prevalence of 3.1%



Affects ~16 million adult Americans

### **Patient Demographics**

In contrast to IBS-C, IBS-D is more common in men than in women



Gender

e:

ts ~13 million

Americans

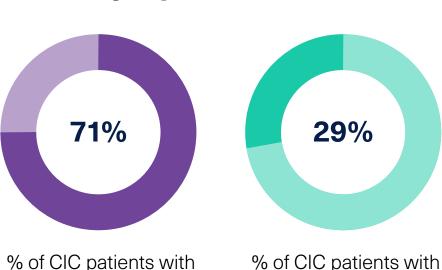




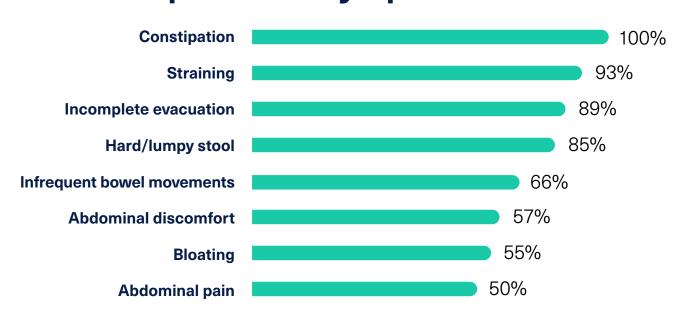
### CIC

### CIC Patients Experience Symptoms Beyond Constipation<sup>1</sup>

### Patient Symptom Overview (1)



### **Most Frequent CIC Symptoms**



#### **BURDEN OF IBS**

abdominal symptoms

### IBS Is Among the Most Common Reasons for a Physician Visit and Is Associated With Significant Costs<sup>2-7</sup>



#### **IBS** accounts for:

- 12% of primary care visits
- 20-40% of gastroenterologist visits

# (5)

constipation only

#### **IBS in the United States:**

- Is the 7th most common diagnosis by physicians
- Represents >\$20 billion/year in healthcare spending



### Patients with IBS:

- Use more diagnostic tests and medications
- Miss work more often
- Have lower work productivity
- Are hospitalized more often



- IBS symptoms affect productivity an average of 8.0 days out of the month, and those with the condition miss ~1.5 days of work/school per month
- In exchange for 1 month of relief from IBS, more than half of IBS patients reported they would be willing to give up caffeine or alcohol, 40% would give up sex, 25% would give up cell phones, and 21.5% would give up the internet for 1 month

### Are nospitalized more ofte

### IBS

Physiology/

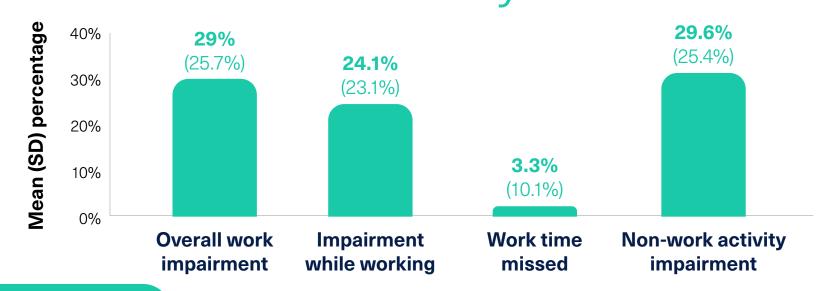
MOD

**Prevalence** 

# Impact of IBS-C and CIC on Patients' Quality of Life and Work Productivity'

**Diagnosis** 

**Treatment** 



 IBS-C and CIC have a substantial impact on work productivity and daily activity interpreted as the proportion of time that work or non-work activity is affected

**Clinical Trial** 

**Summaries** 

**Pipeline Table** 

 Overall work impairment was due more to presenteeism (impairment while working) than absenteeism (work time missed)

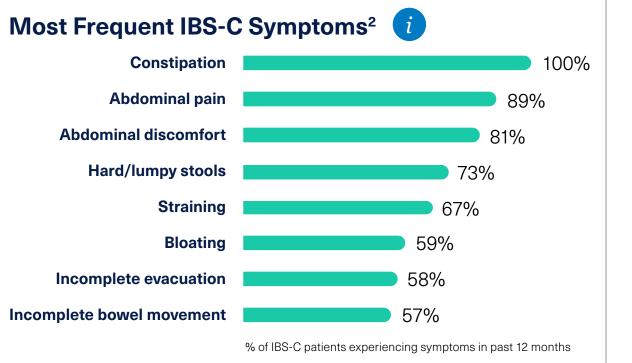
### **IBS**

dominant symptom.

### IBS Is Characterized by Abdominal Pain Associated With Altered Bowel Habits

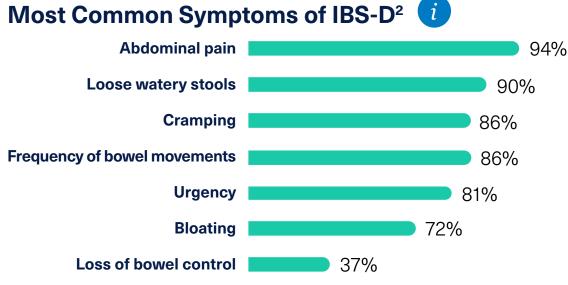
Abdominal Pain Is a Defining Symptom of IBS-C i

Patients with IBS-C manifest abdominal pain as a



# IBS-D Is a Common GI Syndrome Characterized by Abdominal Pain Associated With Loose Bowel Movement

Diarrhea and abdominal symptoms are chronically present in IBS-D and cause significant disease burden.



% of diagnosed IBS-D patients experiencing symptoms in the past 12 months







CIC

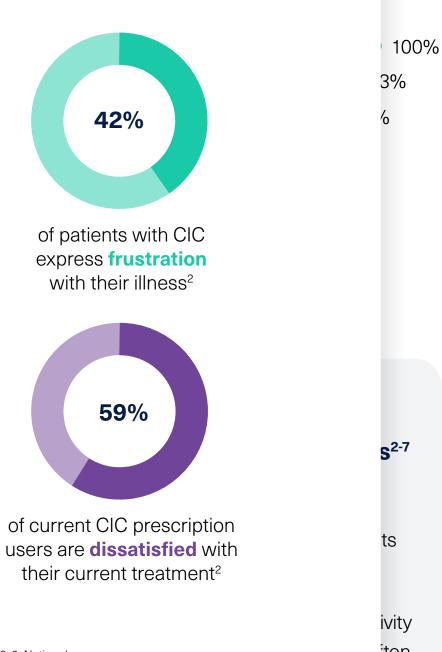
### CIC Is Associated With Substantial Symptom and Disease Burden

CIC is among the most common reasons for primary care visits, and patients may experience a long road from recognition of symptoms to diagnosis.<sup>1-3</sup>

Symptoms	Rated as Very Bothersome	
Constipation	62%	
Straining	58%	
Incomplete evacuation	45%	
Hard/lumpy stools	41%	
Infrequent bowel movements	35%	
Abdominal bloating	30%	
Abdominal discomfort	30%	
Abdominal pain	27%	



CIC symptoms affect patients' quality of life, with the majority of patients rating their symptoms as extremely or very bothersome.



1. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc. 2. Harris LA, Horn J, Kissous-Hunt M, et al. Adv Ther. 2017;34:2661-2673. 3. National Digestive Diseases Information Clearinghouse. https://www.niddk.nih.gov/health-information/digestive-diseases/constipation/symptoms-causes

> In exchange for 1 month of relief from IBS, more than half of IBS patients reported they would be willing to give up caffeine or alcohol, 40% would give up sex, 25% would give up cell phones, and 21.5% would give up the internet for 1 month

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Physiology/ MOD

**Prevalence** 

Diagnosis

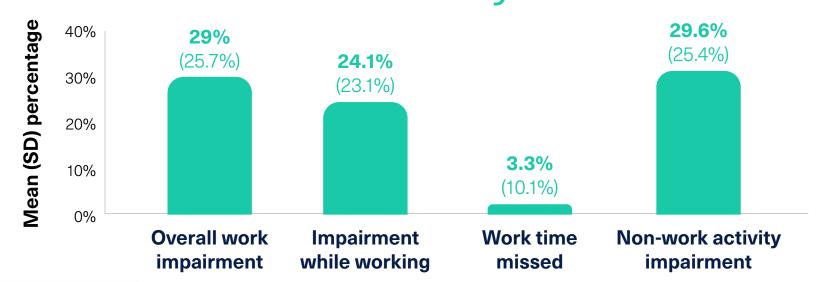
**Treatment** 

**Clinical Trial Summaries** 

**Pipeline Table** 

### **IBS**

### Impact of IBS-C and CIC on Patients' Quality of Life and Work Productivity<sup>1</sup>

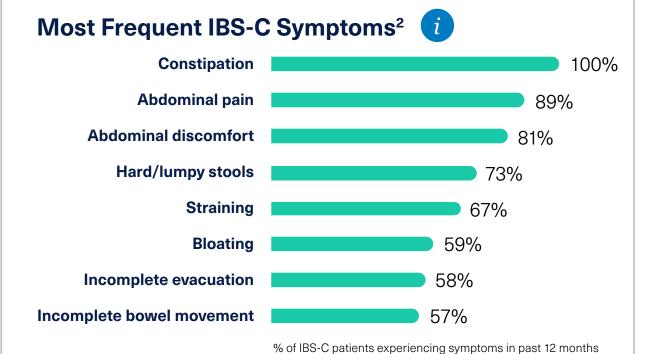


- IBS-C and CIC have a substantial impact on work productivity and daily activity interpreted as the proportion of time that work or non-work activity is affected
- Overall work impairment was due more to presenteeism (impairment while working) than absenteeism (work time missed)

### **IBS**

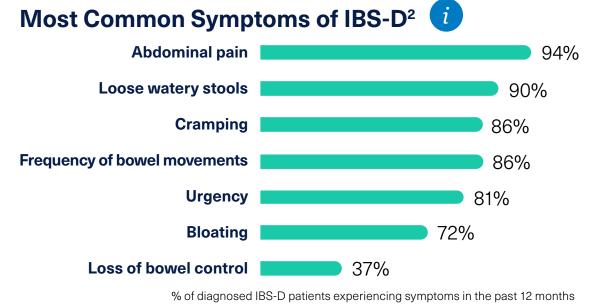
### IBS Is Characterized by Abdominal Pain Associated With Altered Bowel Habits

Abdominal Pain Is a Defining Symptom of IBS-C i Patients with IBS-C manifest abdominal pain as a dominant symptom.



#### **IBS-D Is a Common GI Syndrome Characterized** by Abdominal Pain Associated With Loose **Bowel Movement**

Diarrhea and abdominal symptoms are chronically present in IBS-D and cause significant disease burden.



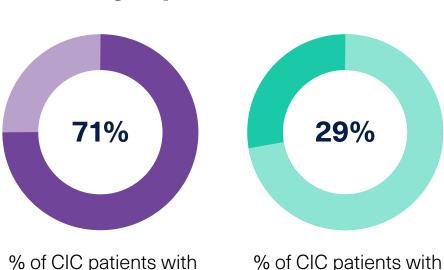




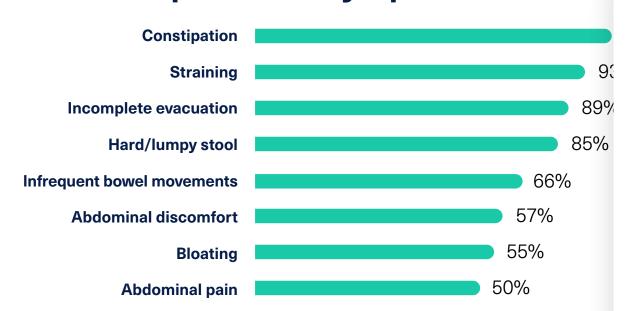
### CIC

### CIC Patients Experience Symptoms Beyond Constipation<sup>1</sup>

### Patient Symptom Overview 1



### **Most Frequent CIC Symptoms**



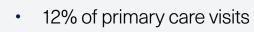
#### **BURDEN OF IBS**

abdominal symptoms

### IBS Is Among the Most Common Reasons for a Physician Visit and Is Associated With Significant Costs



#### **IBS** accounts for:



20-40% of gastroenterologist visits



IBS symptoms affect productivity an average of 8.0 days out of the month,

In exchange for 1 month of relief from IBS, more than half of IBS patients reported

they would be willing to give up caffeine or alcohol, 40% would give up sex, 25%

would give up cell phones, and 21.5% would give up the internet for 1 month

and those with the condition miss ~1.5 days of work/school per month

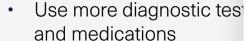
constipation only

#### **IBS in the United States:**

- Is the 7th most common diagnosis by physicians
- Represents >\$20 billion/year in healthcare spending

#### **Patients with IBS:**

- Miss work more often
- Have lower work productive
- Are hospitalized more often



**IBS** 

Physiology/

MOD

### Impact of IBS-C and CIC on Patients' Quality of Life and Work Productivity<sup>1</sup>

Diagnosis

**Abdominal pain** 

**Treatment** 



### **IBS-C vs CIC**

Symptoms	CIC	IBS-C
Abdominal pain	Not always	$\checkmark$
Bloating	Not always	$\checkmark$
Constipation	$\checkmark$	$\checkmark$

**Prevalence** 

IBS-C and CIC have a substantial impact on work productivity and daily activity interpreted as the proportion of time that work or non-work activity is affected

**Clinical Trial** 

**Summaries** 

**Pipeline Table** 

Overall work impairment was due more to presenteeism (impairment while working) than absenteeism (work time missed)

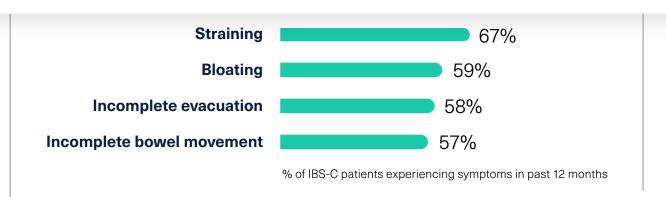
### **IBS-C Chronic Constipation**

Pain must be associated with a change in bowel habit



A key distinction between IBS-C and CIC is that IBS-C is highly associated with abdominal symptoms like pain and discomfort.

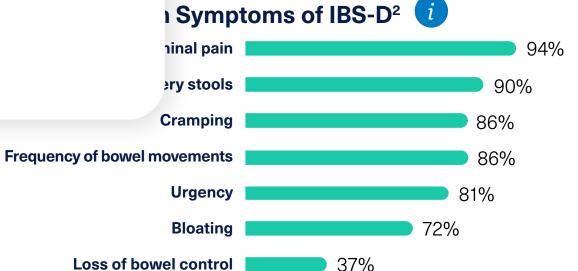
1. Data on File. AbbVie Inc and Ironwood Pharmaceuticals Inc



### **ith Altered Bowel Habits**

#### **imon GI Syndrome Characterized Pain Associated With Loose** ent

minal symptoms are chronically nd cause significant disease burden.



% of diagnosed IBS-D patients experiencing symptoms in the past 12 months



1. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc. 2. International Foundation for Functional Gastrointestinal Disorders. https://aboutibs. org/what-is-ibs/facts-about-ibs/ 3. International Foundation for Functional Gastrointestinal Disorders. https://aboutibs.org/what-is-ibs/facts-aboutibs/statistics/ 4. Lacy BE, Rosemore J, Robertson D, et al. Scand J Gastroenterol. 2006;8:892 902. 5. American Gastroenterological Association. https://www.multivu.com/players/English/7634451-aga-ibs-in-america-survey/ 6. Oka P, Parr H, Barberio, et al. Lancet Gastroenterol Hepatol. 2020:5(10):908-917. 7. Ballou S, McMahon C, Lee HN, et al. *Clin Gastroenterol Hepatol*. 2019; 17(12):2471-2478.



Physiology/ MOD

**IBS** 

20%

**Prevalence** 

24.1% (23.1%)

and Work Productivity<sup>1</sup>

(25.7%)

**Diagnosis** 

29.6% (25.4%)

activity

Movement

**Abdominal pain** 

Loose watery stools

y of bowel movements

Loss of bowel control

ent

Impact of IBS-C and CIC on Patients' Quality of Life

3.3%

**Treatment** 

**Clinical Trial Summaries** 

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Common Symptoms of IBS-D<sup>2</sup> i

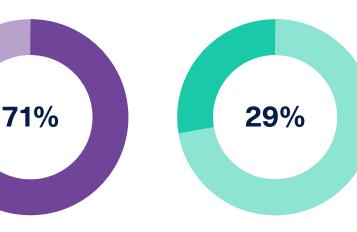
more to presenteeism (impairment

**Pipeline Table** 

### CIC

### CIC Patients Experience Symptoms Beyond Constipation<sup>1</sup>

### Patient Symptom Overview (1)



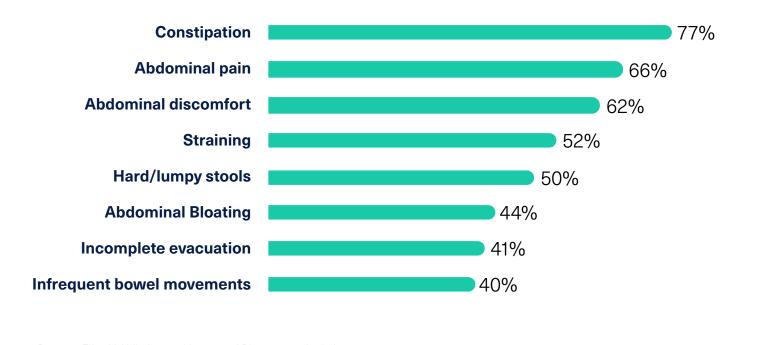
### **Most Frequent CIC Symptoms**





The symptoms of IBS-C are among the most common reasons for primary care visits, and patients may experience a long road from recognition of symptoms to diagnosis.

### **Symptoms Rated as Very Bothersome**



#### 1. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc.

#### **BURDEN OF IBS**

% of CIC patients with

abdominal symptoms

#### IBS Is Among the Most Common Reasons for a Physician Visit and Is Associated With Significant



Ⅲ

#### **IBS** accounts for:

- 12% of primary care visits
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% of CIC patients with

constipation only

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## IBS symptoms affect productivity an average of 8.0 days out of the month,

- and those with the condition miss ~1.5 days of work/school per month In exchange for 1 month of relief from IBS, more than half of IBS patients reported
- they would be willing to give up caffeine or alcohol, 40% would give up sex, 25% would give up cell phones, and 21.5% would give up the internet for 1 month

**Patients with IB** 

Use more diagno

and medications

Miss work more of

Have lower work r

Are hospitalized

1. Taylor, DCA, Abel JL, Martin C, et al. J Med Econ. 2020; 23(10):1072-1083. 2. Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc.



% of diagnosed IBS-D patients experiencing symptoms in the past 12 months



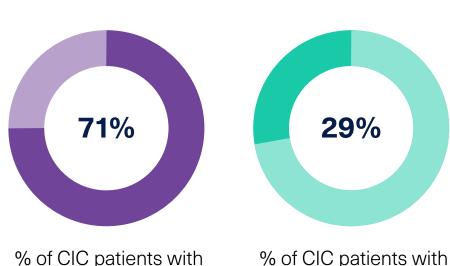


<sup>1.</sup> Data on File, AbbVie Inc and Ironwood Pharmaceuticals Inc. 2. International Foundation for Functional Gastrointestinal Disorders. https://abou. org/what-is-ibs/facts-about-ibs/ 3. International Foundation for Functional Gastrointestinal Disorders. https://aboutibs.org/what-is-ibs/facts-aboutibs/statistics/ 4. Lacy BE, Rosemore J, Robertson D, et al. Scand J Gastroenterol. 2006;8:892 902. 5. American Gastroenterological Association. https://www.multivu.com/players/English/7634451-aga-ibs-in-america-survey/ 6. Oka P, Parr H, Barberio, et al. Lancet Gastroenterol Hepatol. 2020:5(10):908-917. 7. Ballou S, McMahon C, Lee HN, et al. Clin Gastroenterol Hepatol. 2019; 17(12):2471-2478.

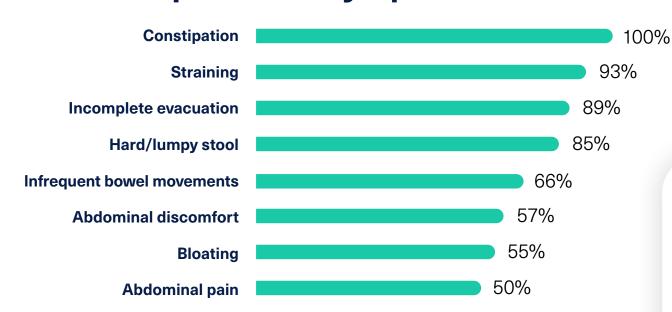
### CIC

### CIC Patients Experience Symptoms Beyond Constipation<sup>1</sup>

### Patient Symptom Overview (1)



### **Most Frequent CIC Symptoms**



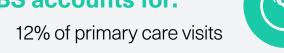
### **BURDEN OF IBS**

abdominal symptoms

### IBS Is Among the Most Common Reasons for a Physician Visit and Is Associated With Significant Costs<sup>2-7</sup>



#### **IBS** accounts for:



20-40% of gastroenterologist visits



constipation only

#### **IBS in the United States:**

- Is the 7th most common diagnosis by physicians
- Represents >\$20 billion/year in healthcare spending



#### and medications

**Patients with IBS:** 

- Use more diagnostic tests
- Miss work more often
- Have lower work productivity
- Are hospitalized more often



- IBS symptoms affect productivity an average of 8.0 days out of the month, and those with the condition miss ~1.5 days of work/school per month
- In exchange for 1 month of relief from IBS, more than half of IBS patients reported they would be willing to give up caffeine or alcohol, 40% would give up sex, 25% would give up cell phones, and 21.5% would give up the internet for 1 month

#### Physiology/ MOD

#### **Prevalence**

#### **Diagnosis**

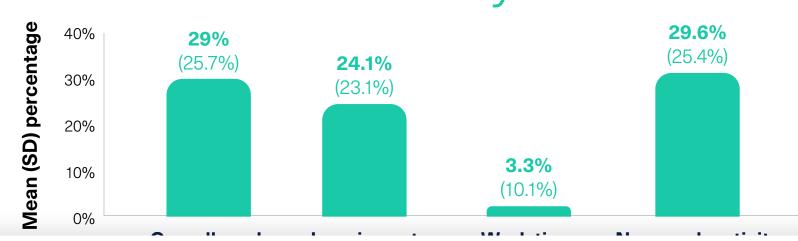
#### **Treatment**

#### **Clinical Trial Summaries**

**Pipeline Table** 

### **IBS**

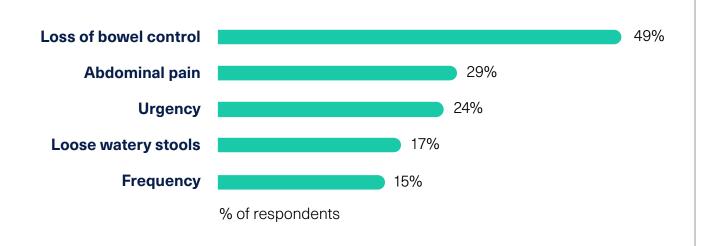
### Impact of IBS-C and CIC on Patients' Quality of Life and Work Productivity<sup>1</sup>



- IBS-C and CIC have a substantial impact on work productivity and daily activity interpreted as the proportion of time that work or non-work activity is affected
- Overall work impairment was due more to presenteeism (impairment

### Most Bothersome IBS-D Symptoms and Consequences

### **Most Bothersome Symptoms of Diagnosed IBS-D Patients**<sup>1</sup>



1. American Gastroenterological Association. https://www.multivu.com/players/English/7634451-aga-ibs-in-america-survey/ docs/survey-findings-pdf-635473172.pdf 2. Shah SL, Janisch N, Crowell, et al. Clin Gastroenterol Hepatol. 2021; 19(1):80-86.



On average, IBS leads to 2 missed days of school/work and 9 days of impacted productivity each month



Most IBS patients are only symptom-free for a few days or less



Nearly 1 in 4 patients report that they are "not at all" able to predict if they will experience symptoms on a given day



A majority of patients with IBS-D would assume a 10% risk of sudden death for a 99% chance of a cure for their condition<sup>2</sup>

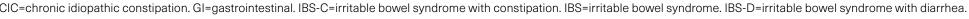




2020:5(10):908-917. 7. Ballou S, McMahon C, Lee HN, et al. Clin Gastroenterol Hepatol. 2019; 17(12):2471-2478.







CIC

### The Rome Diagnostic Criteria for CIC Diagnosis

### Rome IV Criteria<sup>1,2</sup>

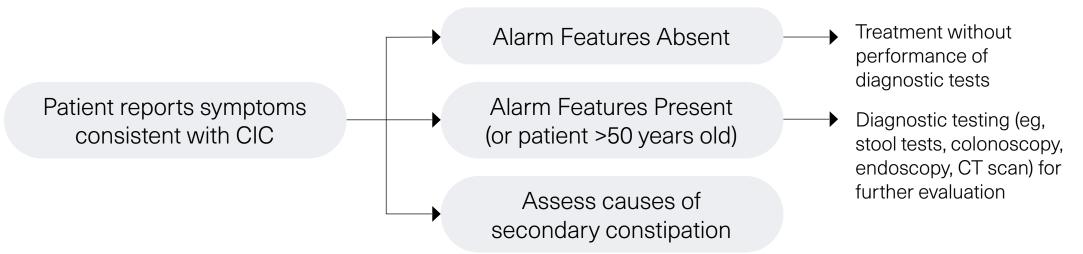
Criteria fulfilled for the last 3 months with symptom onset at least 6 months prior to diagnosis Loose stool rarely present Insufficient criteria At least 2 or more for IBS without laxatives of the following: ≥25% of defecations characterized by:

- Straining
- Lumpy or hard stools (Bristol Stool Form Scale 1-2)
- Sensation of incomplete defecation

- Sensation of anorectal blockage
- Manual maneuvers to facilitate defecations
- <3 spontaneous bowel movements per week

### Diagnostic Steps for CIC

### **Diagnostic Paradigm**<sup>3-5</sup>







**CAUSES OF** 

**SECONDARY CONSTIPATION** 

**IBS** 

**YES** 

Physiology/

MOD

### IBS Diagnostic Pathway

# IBS Is an Affirmative, Symptom-based Diagnosis,

**Prevalence** 

**Burden** 

and Not a Diagnosis of Exclusion<sup>6-8</sup>

Abdominal pain associated with altered bowel movements

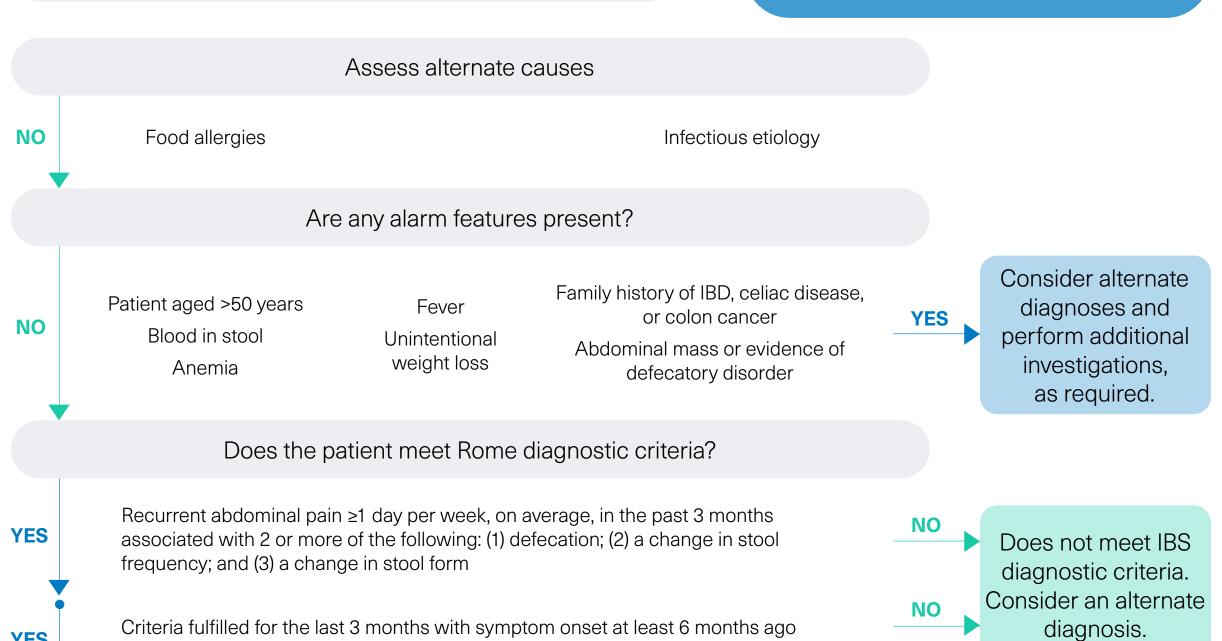
Elicit detailed history of symptoms and conduct abdominal /rectal exam

**Clinical Trial** 

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Pipeline Table



Affirmative IBS Diagnosis





CIC

### The Rome Diagnostic Criteria for CIC Diagnosis

### Rome IV Criteria<sup>1,2</sup>

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- Manual maneuvers to facilitate defecations
- <3 spontaneous bowel movements per week

### Diagnostic Steps for CIC

#### Disapostio Daradiam3-5

### **Symptoms**

- Infrequent bowel movement (<3 per week)</li>
- Difficult stool elimination
- Straining, hard/lumpy stools, prolonged time to stool (≥25% defecations)
- Chronically present symptoms
- Sensation of obstruction/blockage ( ≥25% defecations)
- Need for manual removal of stools ( ≥25% defecations)



atment without formance of nostic tests

gnostic testing (eg, ol tests, colonoscopy, oscopy, CT scan) for ner evaluation



### **IBS**

**YES** 

### IBS Diagnostic Pathway

Physiology/

MOD

# IBS Is an Affirmative, Symptom-based Diagnosis,

**Prevalence** 

**Burden** 

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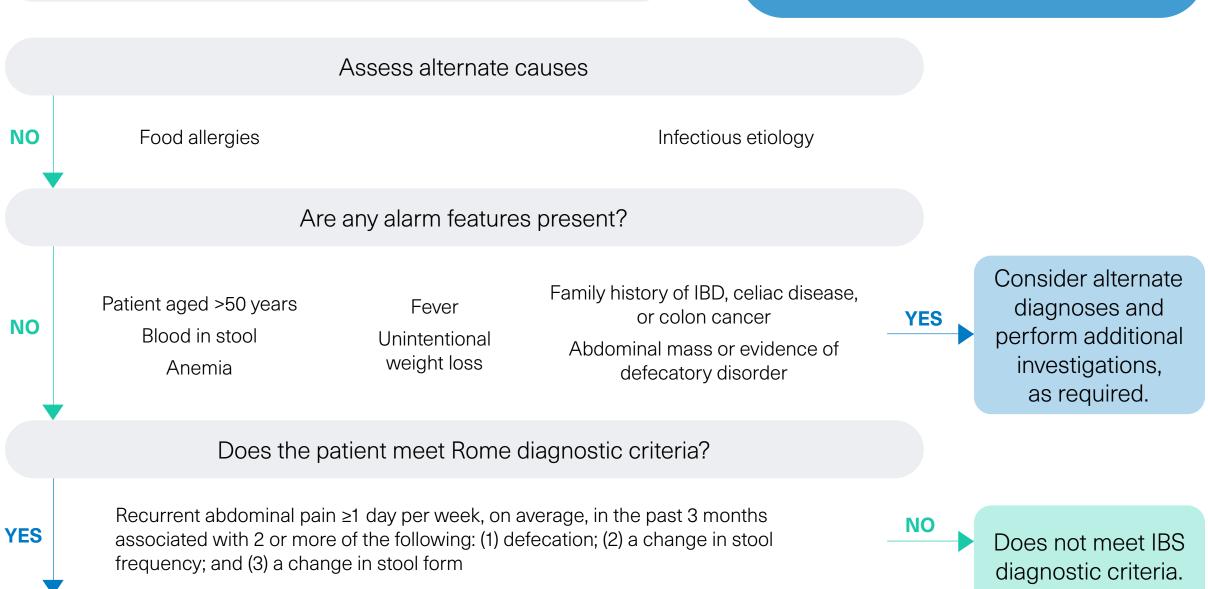
Elicit detailed history of symptoms and conduct abdominal /rectal exam

**Clinical Trial** 

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Affirmative IBS Diagnosis

Criteria fulfilled for the last 3 months with symptom onset at least 6 months ago





Consider an alternate

diagnosis.

CIC

### The Rome Diagnostic Criteria for CIC Diagnosis

### Rome IV Criteria<sup>1,2</sup>

Criteria fulfilled for the last 3 months with symptom onset at least 6 months prior to diagnosis Loose stool rarely present Insufficient criteria At least 2 or more for IBS without laxatives of the following: ≥25% of defecations characterized by:

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- Sensation of anorectal blockage
- Manual maneuvers to facilitate defecations
- <3 spontaneous bowel movements per week

### Diagnostic Steps for CIC

### **Alarm Features**

- Rectal bleeding/blood in stool
- Anemia
- Unintentional weight loss of ≥10 pounds
- Family history of colon cancer or IBD
- Severe, persistent constipation non-responsive to treatment
- · New onset of constipation in an elderly patient with no evidence of a potential cause of constipation



**YES** 



Physiology/

MOD

### IBS Diagnostic Pathway

### IBS Is an Affirmative, Symptom-based Diagnosis, and Not a Diagnosis of Exclusion<sup>6-8</sup>

Abdominal pain associated with altered bowel movements

**Prevalence** 

**Burden** 

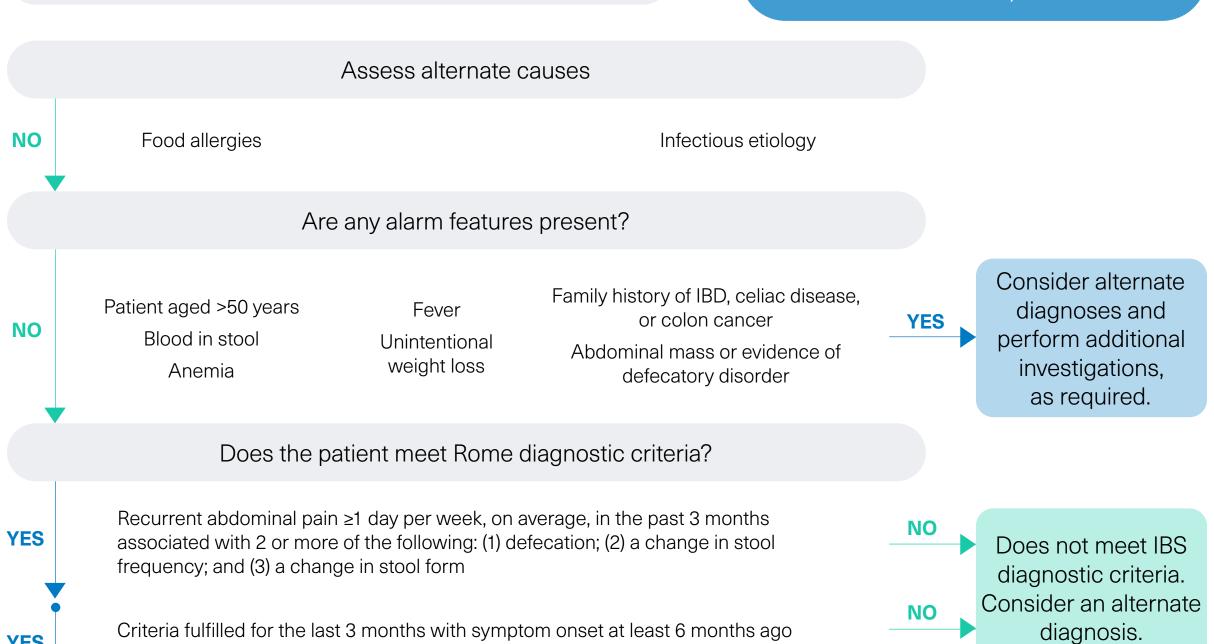
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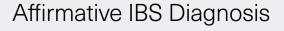
**Clinical Trial** 

**Summaries** 

**Treatment** 

Pipeline Table







Patie



CIC

### The Rome Diagnostic Criteria for CIC Diagnosis

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- Sensation of anorectal blockage
- Manual maneuvers to facilitate defecations
- <3 spontaneous bowel movements per week

### Diagnostic Steps for CIC

Disapostio Daradiam3-5

### **Causes of Secondary Constipation**

Patient reports syn consistent with

**SYMPTOMS** 

- Medication use
- Hypothyroidism
- Diabetes
- Irritable bowel syndrome
- Depression
- Diseases that affect the brain or blood vessels (eg, dementia)

**YES** 

**YES** 





# IBS Diagnostic Pathway

Physiology/

MOD

**IBS** 

IBS Is an Affirmative, Symptom-based Diagnosis, and Not a Diagnosis of Exclusion<sup>6-8</sup>

associated with 2 or more of the following: (1) defecation; (2) a change in stool

Criteria fulfilled for the last 3 months with symptom onset at least 6 months ago

Abdominal pain associated with altered bowel movements

frequency; and (3) a change in stool form

**Prevalence** 

**Burden** 

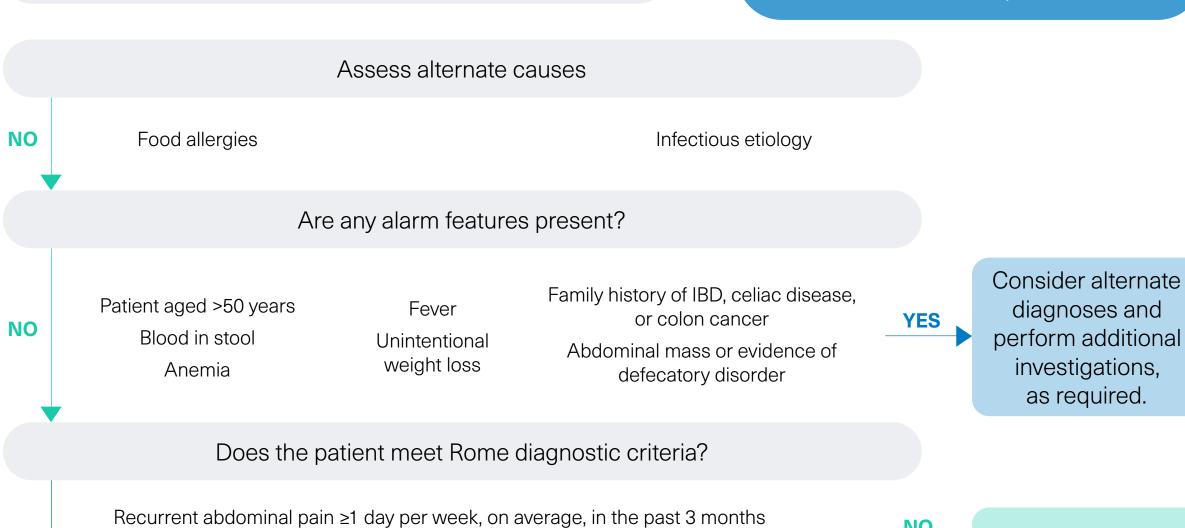
Elicit detailed history of symptoms and conduct abdominal /rectal exam

**Clinical Trial** 

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Pipeline Table



Affirmative IBS Diagnosis





Does not meet IBS

diagnostic criteria.

Consider an alternate

diagnosis.

### Treatment

Physiology/ MOD

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Treatmen

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Pipeline Table

# The ACG Recommendations for Management of IBS-C

### **Global IBS-C Symptoms**

Treatment	Recommendation	Quality of Evidence	Notes
RECOMMENDED			
Guanylate cyclase activators	Strong	High	Treats global IBS-C symptoms
Chloride channel activators	Strong	Moderate	Treats global IBS-C symptoms
5-HT <sub>4</sub> agonist	Conditional	Low	Use to treat IBS-C symptoms in women aged <65 years with ≤1 cardiovascular risk factors who have not adequately responded to secretagogues
NOT RECOMMEN	DED		
Polyethylene glycol	Conditional	Low	No evidence for the relief of abdominal pain

# The ACG Recommendations for Management of IBS-D

### **Global IBS-D Symptoms**

Treatment	Recommendation	Quality of Evidence	Notes
RECOMMENDED			
Non-absorbable antibiotic	Strong	Moderate	Treats global IBS-D symptoms
Mixed opioid agonists/antagonists	Conditional	Moderate	Treats global IBS-D symptoms
Opioid agonist	Not recommended as first-line therapy	N/A	May improve diarrhea, but not global IBS symptoms
5-HT <sub>3</sub> antagonist	Conditional	Low	Use to treat IBS-D symptoms in women with severe symptoms who have failed conventional therapy
NOT RECOMMEND	ED		
Bile acid sequestrants	Conditional	Very Low	An option if bile acid malabsorption is suspected

Global IBS-D symptoms include recurrent and episodic abdominal pain, diarrhea, and other gastrointestinal or extraintestinal symptoms

- ACG recommends a positive diagnostic strategy as compared to a diagnostic strategy of exclusion for patients with symptoms of IBS
- ACG recommends that serologic testing be performed to rule out celiac disease and diarrhea symptoms
- ACG suggests that fecal calprotectin (or fecal lactoferrin) and C reactive protein be checked in patients without alarm features and with suspected IBS and diarrhea symptoms





Physiology/ MOD

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# LIN-MD-64 – Now Enrolling Adolescent (6-17 Years of Age) Subjects With Functional Constipation (FC) or Irritable Bowel Syndrome with Constipation (IBS-C) in the US

### **Study Design**

A phase 3 multicenter, randomized, double-blind, parallel-group study to evaluate linaclotide in pediatric subjects with Functional Constipation or IBS-C

**NCT #** NCT04026113

### **Endpoints**

#### **Primary:**

- Functional Constipation: Change from baseline in 12-week SBMs/week
- IBS-C: 6/12 week APS + 2 responder rate

### Secondary:

- FC: Change from baseline in 12-week stool consistency
- IBS-C
  - Change from baseline in 12-week SBMs/week
  - Change from baseline in 12-week abdominal pain
  - Change from baseline in 12-week stool consistency
  - 6/12 weeks SBM + 2 responder
  - 6/12 weeks abdominal pain responder

**Contact Information** 

ABBVIE CALL CENTER: 844-663-3742 abbvieclinicaltrials@abbvie.com

### **Study Arms**

- Placebo
- Linaclotide 72 μg
- Linaclotide 145 μg
- Linaclotide 290 μg

### Patient Population & Key Inclusion Criteria

Male and female participants, 6-17 years, who meet the modified Rome III criteria for child/adolescent FC and

- Meets one or more of the following at least once per week for at least 2 months before the screening visit:
  - History of retentive posturing or excessive volitional stool retention
  - History of painful or hard BMs
  - History of large diameter stools that may obstruct the toilet
  - Presence of a large fecal mass in the rectum
  - At least 1 episode of fecal incontinence per week
- IBS-C: meets Rome III criteria for child/adolescent IBS. Participant has an average daytime abdominal pain score of ≥1 (at least "a tiny bit") during the 14 days before Visit 3

This use is investigational and not approved, and that safety and efficacy have not been established.

LINACLOTIDE INDICATION
AND SAFETY CONSIDERATIONS





Physiology/ MOD

Prevalence

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Clinical Trial Summaries

Pipeline Table

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  - 6/12 weeks SBM + 2 responder
  - 6/12 weeks abdominal pain responder

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### **Study Arms**

- Placebo
- Linaclotide 72 μg
- Linaclotide 145 μg
- Linaclotide 290 μg

### **Patient Population & Key Inclusion Criteria**

### **Linaclotide Indication and Safety Considerations**

**USE:** Linaclotide is indicated in adults for the treatment of both IBS-C and CIC

**WARNING:** RISK OF SERIOUS DEHYDRATION IN PEDIATRIC PATIENTS LESS THAN 2 YEARS OF AGE

Linaclotide is contraindicated in patients less than 2 years of age; in nonclinical studies in neonatal mice, administration of a single, clinically relevant adult oral dose of linaclotide caused deaths due to dehydration.

**CONTRAINDICATED:** in patients less than 2 years of age due to risk of serious dehydration and in patients with know or suspected mechanical gastrointestinal obstruction.

**WARNINGS:** Risk of serious dehydration in patients less than 2 years of age. Contraindicated in patients less than 2 years of age. The safety and effectiveness has not been evaluated in patients less than 18 years of age. Diarrhea was the most common adverse reaction and was sometimes severe. If severe diarrhea occurs, dosing should be suspended and the patient rehydrated.

I criteria for child/adolescent FC and st 2 months before the screening visit:

as an average daytime abdominal pain

/ have not been established.



Physiology/ MOD

Prevalence

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# 3030-202-002 – Now Enrolling Adolescent (6-17 Years of Age) Subjects With Irritable Bowel Syndrome with Diarrhea (IBS-D)

### **Study Design**

A phase 2, randomized, double-blind, placebo-controlled, dose-ranging study to evaluate the safety and efficacy of eluxadoline in pediatric subjects with IBS-D

NCT # NCT03339128

### **Endpoints**

#### **Primary:**

Change from baseline in stool consistency averaged over the 4-week treatment period

#### Secondary:

- Change from baseline in stool consistency for daily daytime and nighttime stool consistency scores
- Change from baseline for daytime, nighttime, and 24-hour abdominal pain scores
- Change from baseline for daytime, nighttime, and 24-hour bowel movement
- Change from baseline in the number of bowel movements
- · Change from baseline for daytime, nighttime, and 24-hour urgency-free days
- Change from baseline in the number urgency free days in a week
- Change from baseline for daytime, nighttime, and 24-hour number of fecal incontinence-free days
- Change from baseline in the number of fecal incontinence-free days in a week

**Contact Information** 

ABBVIE CALL CENTER: 844-663-3742 abbvieclinicaltrials@abbvie.com

### **Study Arms**

- Eluxadoline 25 mg twice daily
- Eluxadoline 50 mg twice daily
- · Eluxadoline 100 mg twice daily
- Placebo

### **Patient Population & Key Inclusion Criteria**

- Male and female participants, 6-17 years (inclusive), with a IBS-D diagnosis (child/adolescent Rome IV criteria)
- At least 1 daytime bowel movement with a consistency of Type 6 or Type 7 on the pediatric Bristol
  Stool Form Scale (p-BSFS) on at least 2 days per week during the 2 weeks prior to randomization that
  occurs in the absence of laxatives

### **Key Exclusion Criteria**

- Participant has no gallbladder (ie, agenesis of the gallbladder or cholecystectomy)
- Child/adolescent Rome IV criteria of IBS with constipation, IBS with constipation and diarrhea (mixed), unspecified IBS, or functional constipation

This use is investigational and not approved, and that safety and efficacy have not been established.

ELUXADOLINE INDICATION AND SAFETY CONSIDERATIONS





Physiology/ MOD

Prevalence

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# 3030-202-002 – Now Enrolling Adolescent (6-17 Years of Age) Subjects With Irritable Bowel Syndrome with Diarrhea (IBS-D)

### **Study Design**

A phase 2, randomized, double-blind, placebo-controlled, dose-ranging study to evaluate the safety and efficacy of eluxadoline in pediatric subjects with IBS-D

NCT # NCT03339128

### **Endpoints**

#### **Primary:**

Change from baseline in stool consistency averaged over the 4-week treatment period

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- Change from baseline in the number of fecal incontinence-free days in a week

**Contact Information** 

ABBVIE CALL CENTER: 844-663-3742 abbvieclinicaltrials@abbvie.com

### **Study Arms**

Eluxadoline 25 mg twice daily



### Eluxadoline Indication and Safety Considerations

**USE:** Eluxadoline is indicated for treatment of IBS-D in adults

**CONTRAINDICATED:** Eluxadoline is contraindicated in patients:

- Without a gallbladder
- With known or suspected biliary duct obstruction, or sphincter of Oddi disease or dysfunction; a history of pancreatitis; or structural diseases of the pancreas.
- With alcoholism, alcohol abuse, alcohol addiction, or who drink more than 3 alcoholic beverages per day.
- · With a known hypersensitivity reaction to eluxadoline
- With severe hepatic impairment
- With a history of chronic or severe constipation or sequelae from constipation, or known or suspected mechanical gastrointestinal obstruction

#### **WARNINGS:**

- Pancreatitis and Sphincter of Oddi Spasm: Monitor patients for new or worsening abdominal pain, with or without nausea and vomiting, or acute biliary pain with liver or pancreatic enzyme elevations; immediately discontinue use and seek medical attention if symptoms develop
- Hypersensitivity Reactions, including anaphylaxis: Immediately discontinue use and seek medical attention if symptoms develop
- Constipation: Instruct patients to stop use and immediately contact their healthcare provider
  if they develop severe constipation. Avoid use with other drugs that may cause constipation

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rrhea

ablished.





# Pipeline Table

Physiology/ MOD Prevalence Burden Diagnosis Treatment

Ongoing Pediatric Clinical Trials

	FC	IBS-C	IBS-D	
LIN-MD-64				FC=functional constipation  IBS-C=irritable bowel
LIN-MD-66				syndrome with constipation  IBS-D=irritable bowel syndrome with diarrhea
3030-202-002				Phase 2 Phase 3
3030-302-002				

This use is investigational and not approved, and that safety and efficacy have not been established.





Clinical Trial Summaries